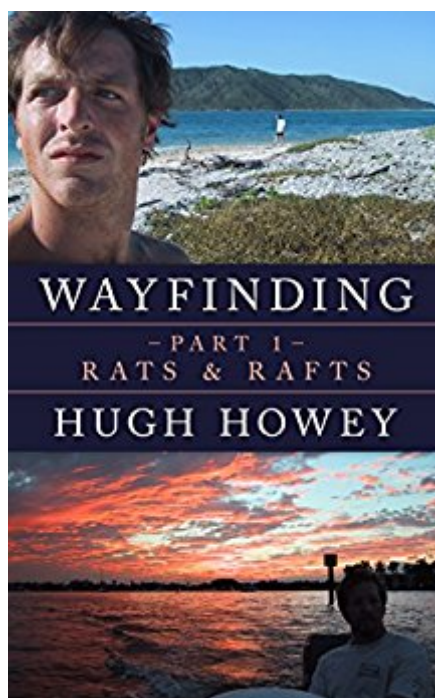


The book was found

Wayfinding Part 1: Rats And Rafts (Kindle Single)



Synopsis

Wayfinding is the ancient seafaring art of navigating according to the natural signs. As a self-help philosophy, Wayfinding means being aware of our environment and our responses to outside stimuli. It also means learning about the environment for which we evolved, and how it differs from the environment in which we live. Wayfinding is not a destination. It is a neverending journey. It doesn't have to be yours; it is simply a description of the path that I am on, with all my bumbling and lack of expertise on full display.

Book Information

File Size: 2954 KB

Print Length: 21 pages

Simultaneous Device Usage: Unlimited

Publisher: Broad Reach Publishing (June 27, 2015)

Publication Date: June 27, 2015

Sold by:Â Digital Services LLC

Language: English

ASIN: B010KG8ZKA

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #79,594 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #1 inÂ Kindle Store > Kindle Short Reads > 30 minutes (12-21 pages) > Travel #13 inÂ Kindle Store > Kindle Singles > At Play #18 inÂ Books > Travel > Specialty Travel > Solo Travel

Customer Reviews

I'm familiar with Hugh Howey's ability as a talented storyteller, but it turns out that he's also quite the essayist, as Wayfinding demonstrated. The book, according to the author, is not exactly a self-help guide, but describes his own journey of self-discovery in the hope that it offers clues for the reader's own paths through life. He says that how we got here doesn't matter as much as figuring out where we are, whether there exists a better place, and if so, how we can get there. The goal of this method of wayfinding is to use the natural signs that we often ignore, but can help to pinpoint the way

toward a better us. Howey used an example of laboratory rats to show how happiness can turn into compulsion, and compulsion into addiction. He states that our brains have developed in such a way that sets us up for compulsive behaviors that get in the way of long-term happiness. Apparently that mechanism was beneficial for humans at one time, but not today. Howey goes on to present his own steps for improving one's circumstances. There's no deep new philosophy or groundbreaking self-help ideas here, but it's a refreshing common sense approach to improving one's life. The essay plays out against the background story of Howey's maritime adventure while on a long, dangerous voyage. Like any good serial, he ends Part 1 in a cliffhanger.

If you read Hugh's blog then you already know that he is an inspiring guy. He likes to think out loud, and pass ideas back and forth with people. He likes to get people thinking, and that's what he does with this book, *Wayfinding*. Only instead of getting us thinking about publishing, he's getting us thinking about life, and what matters to us. He's not claiming to have all the answers, he's just sharing what he does know, talking to us like we're old friends. I look forward to reading the next chapter.

A few reviews have referred to this as a self-help book, but I don't see it that way. That label is too simplistic. I find most books labeled as self-help to be vague, shallow, or arrogant. None of that is true here. Hugh is relating his thoughts on human behavior, mostly speaking from his personal experiences and observations. The first part of the book is thought-provoking discussion. The second part is written as an informal memoir, relating stories from his travel experiences. I enjoyed both parts. It's a short book, well written and interesting, and I like the two-part format. I'm looking forward to reading the new installments as they're published.

Short, quick read and extremely thought provoking, as Howey always is. No world-shattering secrets here, but a genuine attempt to help us look beneath the veneer of our fast-paced modern lives and determine what is important to us. I for one intend to apply the knowledge acquired in the first half of this book. Sailors or anyone with a love for travel and adventure will like the latter part of the book. I'll definitely check out book 2.

Hugh Howey's nonfiction is just as accessible, witty, and down-to-earth as his interactions on social media. Reading this series is like sitting with a good friend and a good glass of wine. Regardless of your religious, political, or life views, this book is a wonderful insight into life and what makes us tick.

Science fiction is just the tip of the iceberg that is Hugh Howey. I appreciate his view on the world and life in general. I find myself trying to apply his ideas to my own island, even as I am reading. Tip: don't ignore the footnotes.

Very interesting and thought provoking. I am working on Mindfulness and studying Buddhism - this book fits right in for anyone trying to find direction in their lives. If you want to stop trying to deal with the past and let it go (sorry) I would recommend this book and the others to follow as a guide down the path to enlightenment.

It's a really clear and honest way of looking at your life. We all fear change and getting out of our comfort zones. This book is written in a supremely honest, accessible and intelligent way. The author looks at the modern malaise. Why are we always on social media? Eating junk? Playing video games? He has a refreshing perspective on trying to live our best life. I have really turned off to books on self help. But this is very engaging and helpful and applicable. I highly recommend this series of short takes on life.

[Download to continue reading...](#)

Wayfinding Part 1: Rats and Rafts (Kindle Single) 4 In 1 Kindle: A Picture Guide on How to Cancel Kindle Unlimited Subscription, Delete Books from Kindle Devices, How to Remove Kindle Device from account, How to Return A kindle Book Wayfinding Part 2: Hell and Heaven (Kindle Single) Wayfinding Part 5: Consciousness and Subconsciousness (Kindle Single) Wayfinding Part 3: Hot & Cold (Kindle Single) Wayfinding Part 4: Old World & New (Kindle Single) Fire Encyclopedia: Kindle Fire Manual for the latest generation of Kindle E-Readers and Fire Tablets, Kindle Voyage, Kindle Paperwhite, Fire HD 6, Fire HD 8, Fire HD 10, and Fire HDX 8.9 Kindle Unlimited: What To Know Before You Subscribe & Pay For Kindle Unlimited (Is Kindle Unlimited For you?) (kindle unlimited, subscriptions, , reading) Kindle Owners Lending Library: Get Free Books, Movies and TV Shows with your Kindle and Prime Membership (Kindle Owners Lending Library & Prime) The Kindle Publishing Bible: How To Sell More Kindle Ebooks on (Step-by-Step Instructions On Self-Publishing And Marketing Your Books) (Kindle Bible Book 1) KINDLE PUBLISHING: How To Build A Successful Self-Publishing Business With Kindle and Createspace. A Detailed, Step-By-Step Guide To The Entire Process (Kindle Publishing Series Book 1) The Complete User's Guide To the Amazing Kindle 2: Tips, Tricks, & Links To Unlock Cool Features & Save You Hundreds on Kindle Content (#1 Guide to the Kindle US & Global) From Word to Kindle: Self

Publishing Your Kindle Book with Microsoft Word, or Tips on Formatting Your Document So Your Ebook Won't Look Terrible (Kindle Publishing) Pictures on Kindle: Self Publishing Your Kindle Book with Photos, Art, or Graphics, or Tips on Formatting Your Ebook's Images to Make Them Look Great (Kindle Publishing) Kindle Unlimited: How To Cancel Your Kindle Unlimited Subscription By Just Using Three Easy Steps In Under Two Minutes (A Short Guide On Canceling Your Kindle Unlimited Subscription In No Time) Journey to the Edge of the Light: A Story of Love, Leukemia and Transformation (Kindle Single) (Kindle Singles) Anthony Bourdain: The Kindle Singles Interview (Kindle Single) Gloria Steinem: The Kindle Singles Interview (Kindle Single) Brian Greene: The Kindle Singles Interview (Kindle Single) TAKING THE FALL - The Complete Series: Part One, Part, Two, Part Three & Part Four

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)